



# Repair



skills to keep a relationship

write a repair; use the sentence starters and questions below to help you.

Dear \_\_\_\_\_,

I am sorry for: (be specific)

Will you forgive me?

Thank you for forgiving me, OR  
I understand you're not ready to forgive me yet;  
it makes sense to me because:

From,  
(your name) \_\_\_\_\_

(Remember: An apology without behavior change isn't complete.)  
I plan to--OR--I have been doing these things differently:

