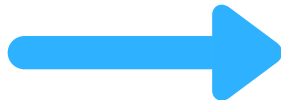


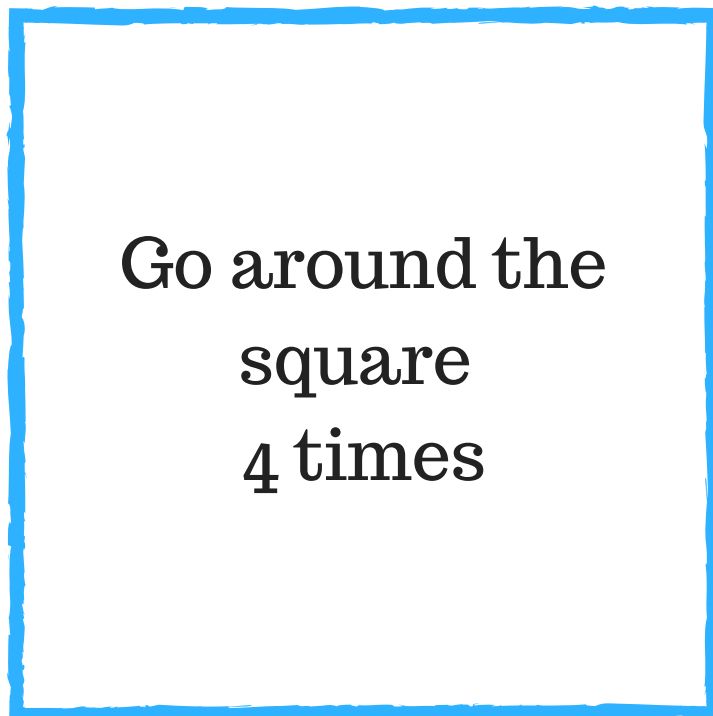


Square BREATHING

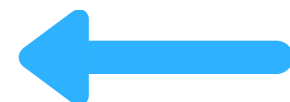
Breathe in



Pause



Pause



Breathe out