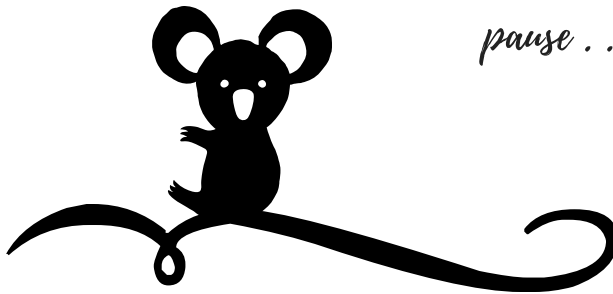


...SITTING BETWEEN
Heaven
AND EARTH



pause . . . and return to the breath

